

Domiciliary and Supported Living



Uplifting Lives
— SERVICES —



WWW.UPLIFTING-LIVES-SERVICES.CO.UK

Empowering Lives, Building Communities

At **Uplifting Lives Services**, we are committed to empowering individuals by providing inclusive, person-centered support that promotes independence, dignity, and community connection.

We also specialize in forensic history and supporting individuals who have come into contact with the justice system.

For nearly a decade, we have provided care and support to adults facing diverse challenges, including mental health conditions, autism, and physical and learning disabilities.

Our mission is to ensure that everyone, regardless of their circumstances, has access to the support and opportunities they need to lead fulfilling lives.

We believe in a holistic approach, tailoring our services to meet individual needs while fostering a strong sense of belonging and purpose.

Whether through personalized care, community engagement, life skills development, or advocacy, our goal is to uplift lives—one person at a time..

In all we do,
We put you first





Who We Are

Uplifting Lives is a person-centred service provider offering support for individuals with learning disabilities and home care services for adults.



Our Values

- Person-Centred Approach**
Tailoring services to individual needs
- Promoting Well-being**
Encouraging a fulfilling life
- Supporting Independence**
Empowering individuals to thrive
- Enhancing Quality of Life**
Fostering holistic development
- Respecting Choice**
Honoring personal preferences
- Upholding Dignity**
Ensuring respect and care

Why Choose Us?

At Uplifting Lives, we adopt a creative and active listening approach to truly understand the needs of our service users.

We provide:

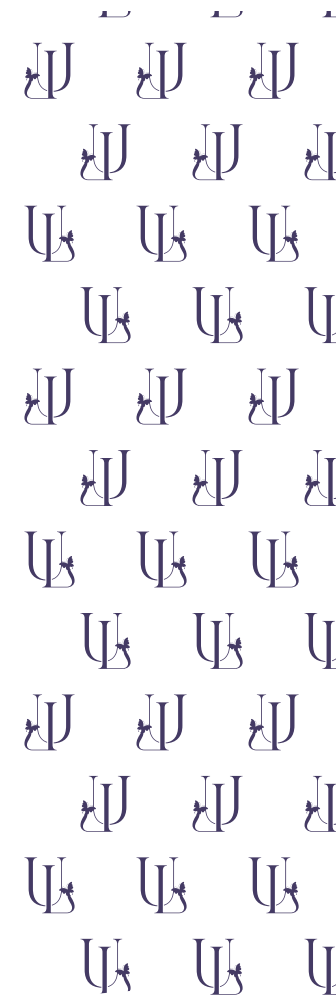
- A culture of freedom, openness, and authenticity
- Peace of mind and a sense of adventure
- A commitment to putting individuals first in all we do

Our Mission

To provide compassionate care and support services that empower individuals with diverse needs to live their lives to the fullest in a safe and comfortable environment.

We respect cultural, social, spiritual, and personal preferences, ensuring high-quality care tailored to unique needs and aspirations.

Delivering quality care and support for nearly a decade.





Our Services

Our services promote independence and community inclusion, ensuring individuals can thrive physically, spiritually, and emotionally in the comfort of their own homes.

We provide 24-hour long-term and short-term support within local communities.

**Forensic
history support**

**Assistance for
individuals displaying
challenging behaviours**

**Supported living services
for individuals at risk of
involvement with the
criminal justice system
(ages 18–65)**

**Home care services for
the elderly and those
with learning disabilities**

Commitment to Neurodiversity

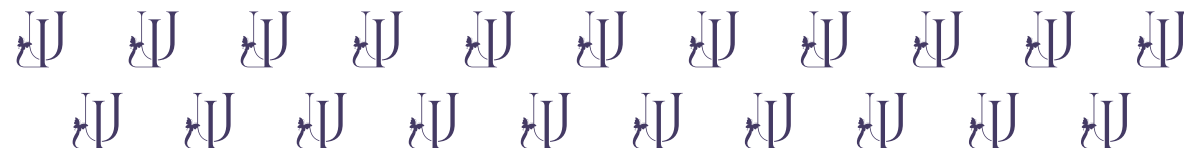
We embrace neurodiversity, recognizing the unique strengths and abilities of every individual. Our services empower neurodivergent individuals—including those with autism, ADHD, dyslexia, and other cognitive differences—to thrive.

How We Support Neurodiversity:

- 📌 **Tailored Support Plans** ~ Personalized strategies for success
- 📌 **Sensory-Inclusive Environments** ~ Creating comfortable and accessible spaces
- 📌 **Strength-Based Approach** ~ Focusing on abilities rather than limitations
- 📌 **Social & Communication Support** ~ Helping individuals build meaningful connections
- 📌 **Employment & Life Skills Coaching** ~ Supporting career development and independent living
- 📌 **Community Engagement & Advocacy** ~ Promoting inclusion in all aspects of society

We also create autism-friendly environments with:

- 📌 **Calm & Structured Spaces** ~ Reducing sensory overload
- 📌 **Personalized Communication Support** ~ Using visual aids and assistive technology
- 📌 **Flexible & Adaptive Interactions** ~ Respecting sensory preferences
- 📌 **Choice & Control** ~ Empowering individuals in decision-making
- 📌 **Creative Empowerment Tools** ~ Offering art, music, and interactive learning





Our Success in Worcestershire

- 📌 Key achievements and milestones
- 📌 Autism-friendly workshops, advocacy, and care support initiatives
- 📌 Testimonials showcasing meaningful outcomes
- 📌 Metrics emphasizing impact

Serving a Diverse Client Base

Supporting neurodivergent individuals, those with learning disabilities, and individuals requiring person-centred care.

Providing in-home care, community support, and tailored developmental programs.

Sharing testimonials from clients and families highlighting positive transformations



I am a mother of the service user at **Uplifting Lives Services Ltd.** I am very satisfied with the support services provided for my son as there are no difficulties in accessing the services. My communication with the support staff is excellent and felt heard as well as understood by the support staff regarding the needs of my son.

The quality of care that my son is receiving is very good. There have been positive changes in my son's life since receiving support services and involved in making decisions for the support he is receiving. So far, I have received enough information about the support services available at Uplifting Lives Services Ltd.

I am urging Uplifting Lives Services Ltd to just keep providing the excellent services.

Helen Foster
Mother of Service User

My name is Rafia, and I am the sister of MO.

The uplifting team has been great, looking after my brother's needs and keeping us informed regarding his mental health. I feel comfortable sharing any concerns regarding my brother with the team.

A special thank you to Ngamanya for supporting us. Well done, you guys. You guys are doing a fantastic job. Keep it up.

Rafia
Sister of Service user

Hi Judith, I just wanted to take a minute to pass on my thanks and praise to the team for the way they look after Tom. Every single time I go to see him he is immaculately dressed, well-groomed and smart and his personal hygiene is obviously in the front of everyone's mind as is his general health as he looks very well and happy.

The flat itself is always immaculate, the kitchen and bathroom are spotless as is his living and bedrooms. Thomas is obviously thriving in the environment that the team provide and maintain and I can't thank them all enough for looking after Tom to the standard any parent would be proud of.

If you have a formal recognition process, please record this praise on each of the team's personal files as I know it is very much a team effort to provide such a fantastic health, welcoming, and happy environment for Tom to live.

Thanks again

Rich
Father of Service User

Our Experience and Growth

- A timeline showcasing our history and expansion
- Growth from the West Midlands to Yorkshire
- Care Quality Commission (CQC) recognition and certifications

How to Commission Our Services

- A step-by-step guide for engaging our services in new areas
- The process from initial consultation to tailored service planning
- Directors Judith Mkandawire and Ngamanya Nhorom personally visiting potential service areas
- A collaborative approach to understanding community needs and delivering bespoke solutions



How to Get Started

- 📞 Steps to engage with **Uplifting Lives Services Ltd**
- 📞 Contact information: 01905 954424
- 📄 Downloadable resources for families and carers
- 📅 Invitations to visit our facilities and attend community events

CQC rating

Good

Contact Us

📞 01905 954424

🌐 www.uplifting-lives-services.co.uk

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